

NPS NUTRITION STANDARDS FOR SCHOOL MEALS



All bread, rice, tortillas, and other grain products are made with 100% whole grains, or are whole-grain rich.



All milk served is fat-free or 1%.



All chicken products are whole muscle or made with whole muscle (no chopped & formed products).



Salads are made with organic spring mix when available and may include produce locally grown in NPS hydroponic gardens.



No High Fructose Corn Syrup (HFCS)



No trans fats



No artificial sweeteners or colors



No Monosodium Glutamate (MSG)



No strawberry milk



No snacks sold in elementary schools